



LEFT: Founder and CEO of Lymed, Mrs Teija Toikka with office dog Ninja. Photo: Essi Toikka. MIDDLE: Ski-cross champion Jouni Pellinen in his Lymed Sport™ suit. Photo: Mette Kortelainen. RIGHT: The production team consists of versatile education and weighty work experiences within the textile industry. Photo: Essi Toikka

The right kind of pressure

What do autistic children, breast cancer survivors and burn patients all have in common? All of them have found tremendous relief in world-class pressure garments produced by Finnish techno-medical garment manufacturer Lymed.

By Nina Lindqvist

At their 1500 sqm facilities in the city of Tampere in southern Finland, medical garment manufacturer Lymed runs a business unlike any other in the world. Not only is Lymed one-of-a-kind in its field in Finland, but the company is also unmatched within the Nordic countries.

Because of its wide range of products, the company also prides itself on being the most diverse and inclusive pressure garment provider in the entire world. "Our garments are used in treating edema, scars and in surgical aftercare, as well as in different neurological indications, such as CP or autism. We also provide customized garments for athletes and para-athletes. These garments improve posture and body awareness and can prevent injuries," Teija Toikka, CEO at Lymed, explains.

Humans are, perhaps a bit surprisingly, not the company's only customers. The clientele also includes dogs and horses. Pressure garments for animals can



treat a variety of behavioural disorders, for instance ones stemming from fear.

Every single garment is designed and produced on the premises, ensuring a close-knit contact with clients. "The client's individual needs are taken into consideration during designing, resulting in an effective, custom-made garment," Toikka explains. Lymed currently exports to thirteen countries worldwide, including the UK, Saudi Arabia and Sweden. The secret behind the success is a combination of extensive research with medicinal and technological know-how. Exclusive manufacturing materials enable the company to design pressure garments that

are comfortable, aesthetically pleasing and give the best possible result in pressure treatment. Lymed acts as a strong developer in its field with close ties to hospitals and research centres, guaranteeing that the quality of both pressure garments and pressure treatment is always top notch.

The motivation behind Lymed's enthusiasm is that their garments do make a difference. "We take great pride in our work. It's extremely rewarding to realize that our garments improve the quality of life for our clients," Toikka says. Last year, Lymed's determination and dedication over the past two decades was rewarded with a prestigious Red Dot Product Design Award, an achievement that Toikka is still ecstatic about. "It is quite remarkable that a medical garment can win recognition as a visual design product in an international design competition. We work in silence and let our success make the noise. Everything is possible when we 'do more and moan less'," Toikka says, and instantly has her whole team laughing.

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